

Lake Geode Challenge Triathlon Set for July 14

The Lake Geode Challenge triathlon is scheduled to begin at 7:30 a.m. Saturday, July 14, at Geode State Park in Danville, Iowa. The Olympic-distance event will provide triathletes of all abilities with a fun and challenging race. The Lake Geode Challenge is a USA Triathlon-sanctioned event. All USAT rules and regulations will be enforced. The race also is part of the Heart of America Triathlon Series.

The event starts with a 1.5 kilometer clockwise, out-and-back swim from the sandy beaches of Lake Geode. This is followed by a challenging 40 kilometer bike course that takes participants on a scenic loop outside Geode State Park. The race concludes with a 10 kilometer run on asphalt roads throughout the park. Chip timing will be used.

Prize money will be awarded to the top five overall male and female winners, and the top male and female elite finishers. Additional awards will be given to the top three male and female winners in 15 age-group categories, and the top three in the Clydesdale and Athena divisions. Team awards will be given to all members of the top three teams in the male, female and coed categories. In addition, all participants will be eligible for door prizes.

The Drake restaurant on the Mississippi River in Downtown Burlington will serve as event headquarters for pre-event check in, which is scheduled from 4 to 8 p.m. Friday, July 13. Official race lodging is provided by AmericInn of Burlington, (319) 758-9000.

The Lake Geode Challenge is hosted by Team BEAST (Burlington Endurance Athlete Sports Team), a triathlon/endurance sports training club. Lead sponsor for the event is Great River Medical Center, West Burlington, Iowa.

The cost to participate in the Lake Geode Challenge is \$50 for individuals and \$90 for teams. The event will take place as scheduled, rain or shine, and spectators are welcome at the viewer-friendly event. Participants may register for the Lake Geode Challenge on Active.com. If you have questions or would like to volunteer for the event, please e-mail the race director at

racedirector@teambeast.org